

CLOUDBURST

Federation of Mountain Clubs of BC
Quarterly Newsletter

June 1997

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Who We Are!

Alberni Valley Outdoor Club, Alpine Club of Canada - Vancouver Section, Alpine Club of Canada - Vancouver Island Section, B.C. Mountaineering Club, Caledonia Ramblers, Chilliwack Outdoor Club, Comox District Mountaineering Club, Fraser Valley Hikers, Island Mountain Ramblers, Klister Outdoor Klub, North Vancouver Recreation Commission Outdoor Club, North Shore Hikers, Outdoor Club of Victoria, Outsetters Club, Richmond Outdoor Club, Valley Outdoor Association, Varsity Outdoor Club.

CLOUDBURST

Articles: We welcome, and space permitting, will print articles which inform our readers about mountain conservation/recreation issues or activities in B.C. Word limit: 500.

Advertising: The FMCBC invites advertising or classified advertising that would be useful to our members. Please contact the Editor for a rate sheet.

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Membership

The Federation of Mountain Clubs of British Columbia (FMCBC) is the official sport-governing body for mountaineering in BC, representing the interests of hiking, climbing and outdoor clubs in the province. The FMCBC is a non-profit organization addressing mountain conservation and access issues, promoting safety and education through courses of instruction, building and maintaining hiking trails throughout BC.

Membership in the FMCBC is open to any individual or group interested in non-mechanized outdoor activities and conservation concerns. Those interested in joining this non-profit organization have two options:

Club membership: Please contact the office to receive a free list of clubs that belong to the FMCBC.

Individual Membership: Call the office at 737-3053 (Vancouver) with your VISA or MASTERCARD number or send \$25 with your name and address to: FMCBC #336 - 1367 W. Broadway, Vancouver, B.C. V6H 4A9.

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Roger Freeman and
Jay MacArthur

Trails: John Otava and
Bill Meyer

Safety and Education:

Chris Mills

Volume 7 Number 2

FMCBC Meetings

For all meeting locations please contact FMCBC office at 737-3053.

Recreation and Conservation Committee:

Contact office for information

Safety and Education Committee:

Contact office for information

Trails Committee:

Contact office for information

Board of Directors:

July 16

Lower Mainland Delegates:

Contact office for information

Island Delegates:

Contact office for information

PRESIDENTS REPORT

By Pat Harrison, President

This year it seems as if the recreation and conservation issues are increasing in intensity and number.

The fate of the proposed Stoltmann Wilderness Parks is at a critical point as the development of a logging road nears the boundary of this magnificent area. We must renew our efforts to inform our politicians about our concern over this area. We thank John Clark for this dedication to informing the public on this issue. If you would like John to come talk to your group, please call the Federation of Mountain Clubs office at 737-3053, they will put you in touch with John.

The proposed Spruce Lake Wilderness Park is also at a critical point with road construction proposed for Tyaughton Creek in 1997. We have people working on the Lillooet LRMP, they need your support. Please see the article on Spruce Lake.

Then, there is the assault on our Provincial Parks with increasing commercial development which goes against one of the main goals of Provincial Parks: conservation! We need to remind the government that parks are there to preserve the beauty of a particular area and only limited amounts of recreational impacts should be tolerated. Huge ski developments and commercial recreational developments simply do not belong in Provincial Parks. Why do we as a society tolerate anything goes in our Provincial Parks mentality?

The proposed Jumbo Pass and Cayuosh ski developments threaten wildlife and the serenity of de facto wilderness areas. Some ministries of the Provincial Government seem determined to push ahead on these projects without adequate public input.

Another disturbing trend is closing access to traditional access roads in wilderness areas, particularly on Vancouver Island, without consultation with outdoor recreation organizations. Hikers and climbers arrive to find their favorite road gated. I have sympathy with companies that are having their equipment vandalized for stolen, but it seems that they are punishing the wrong people. I can't believe that most serious hikers and climbers are even interested in heavy construction equipment, much less vandalize it.

The Federation of Mountain Clubs is working on all these issues. We have dedicated volunteers from various clubs which are giving up many hours per week to try stem the tide of the wholesale destruction of our remaining wilderness and existing park areas. If you would like to be involved, contact the Federation of Mountain Clubs office at 737-3053 and Alana will put you in touch with the best individual to contact for a particular issue.

We must not simply enjoy these areas, but we must also fight for their preservation. It takes very little time for commercial interests to permanently alter these areas. They will never be the same.



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The Alpine Club of Canada

FEDERATION OF MOUNTAIN CLUBS OF B.C.. ANNUAL GENERAL MEETING 1997

By Pat Harrison, President

The 26th Annual General Meeting of the Federation of Mountain Clubs was held at Kwantlen University-College on the 14th of June 1997. Delegates attended from Vancouver Island, Northeast Interior and from the Lower Mainland.

The morning session covered the reports from the club delegates, committee delegates and the restructuring of the Federation office operation. Most clubs reported membership to be stable or to be increasing. Brian Jones is now the Manager of Operations and Alana Prociuk is the Manager of Office Systems. Emma Russell has been hired as the Registrar for courses in the Canada West Mountain School and International Wilderness First Aid School. The Recreation and Conservation Committee has so many issues to deal with that additional volunteers would be appreciated. The Trails Committee continues to do classes on trail building and work with clubs on Adopt-A-Trail Program.

The afternoon session concentrated on recreation, conservation, education and safety issues such as reduced access to forest lands, the impact of revisions to the Forest Practices Code, Stoltmann Wilderness, increasing development in Provincial Parks, backcountry user conflicts and resolutions to these conflicts, safety articles in Cloudburst, and the need for climber and hiker liability insurance. The afternoon also has a guest speaker from Alberta, Doug Campbell, who spoke about

the need to complete the National Hiking Trail (This is an older proposal than The Trans Canada Trail) from coast to coast. We thank him for making the journey from Alberta to attend our A.G.M.

The Valley Outdoors Association of Surrey hosted the A.G.M. A reception was held Wednesday night at John Vandermeer's residence. A dinner was held Friday night at the Newton Golf Centre in Langley followed by a talk by Sandy Briggs of the ACC - Island Club about the Arctic. His talk showed an area of the world rarely visited. It was well done. Thanks Sandy. Door prizes were awarded. Contributors to these door prizes were Mountain Equipment Co-op, Coast Mountain Sports, Carlton Sports, etc, etc, etc. Hikes to Mt. Slessee, Elk Mountain and Widgeon Creek were conducted on Thursday, Friday and Sunday. A big thank you to all the members of the V.O.A. who worked on organizing this event (John, Orvel, Linda, Pat, etc.).

Thanks to Alana for putting together the A.G.M. report and all other materials for the A.G.M. meeting. Thanks to Emma and Alana for taking the minutes of the A.G.M. proceedings.

Next year's A.G.M. is scheduled to be held on Vancouver Island.

Thank you to the following contributors of door prizes at the AGM;

- ☺ Little Mountain Outdoors Inc.
Abbotsford
- ☺ Carleton Cycle and Outdoor Recreation
Vancouver
- ☺ Great Outdoors
Vancouver
- ☺ Europe Bound Travel Outfitters
Vancouver
- ☺ Mountain Equipment Co-op
Vancouver

- ☺ Mountain Alpine Sports Ltd.
Langley
- ☺ Action Shop
Surrey
- ☺ Coast Mountain Sports
Vancouver and W. Vancouver
- ☺ Pacific Surplus Ltd.
Surrey
- ☺ McRae Waste Mgt.
Coquitlam

FEDERATION OF MOUNTAIN CLUBS OF B.C..

ANNUAL GENERAL MEETING 1997

By Carol Monaghan, Valley Outdoor Association

There is usually a lot of hard work (and a few surprises) when one holds a get together and the members of the Valley Outdoor Association found that to be true when they hosted the 1997 Federation A.G.M..

The activities were well planned thanks to president John Vandermeer, the members of the executive and the other club members who rallied to our cause. Hikes and a canoe trip were scheduled, the billeting, banquet and barbecue were organized, and everything set in place for the A.G.M.. *It was a great party, but the hosts kept wondering when all the guests would arrive.* A few visitors were welcomed from Prince George, Victoria and Abbotsford, but these events were supported mainly by V.O.A. members.

So from the point of view of the host club, how does V.O.A. assess this past A.G.M.? Certainly, a lot of work went into planning, and all the events were enjoyable, but was it a success? There is no doubt that those who attended the activities had a great time, learned more about the Federation, and experienced the connection between the Federation and the member clubs. From that perspective, it was a success.

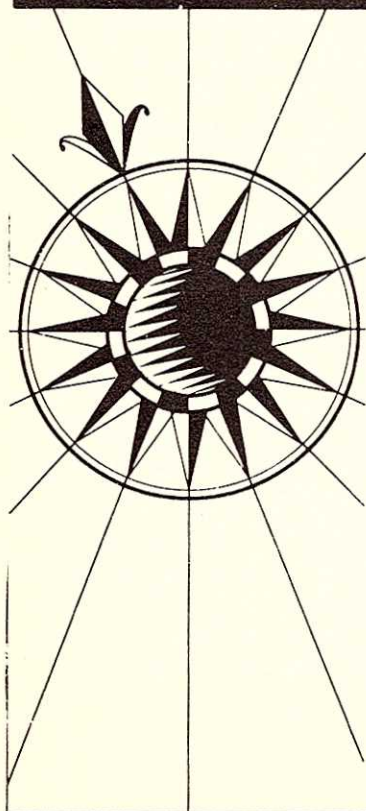
It also brought an awareness that an opportunity was being missed., and what an opportunity! The March 1997 issue of CLOUDBURST devoted the cover page to the names of the member clubs, and the list was impressive. Pat Harrison's report underlined the need for improved communication, and the efforts being made in that direction. The A.G.M. and the related social activities could be the glue that is needed to help maintain a strong connection between the Federation and its members clubs.

V.O.A. members have always considered their relationship with the F.M.C.B.C. to be an important one. Several members attended the A.G.M. at Prince George last year and were so impressed with the event that they backed the Executive's decision to host this year's A.G.M..

If each of the clubs throughout the province was able to take a turn as host and have the support of the other clubs, we'd have enough glue to keep everyone connected. V.O.A. hopes that it happens.

It was a swell party and we look forward to the next one!

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RECREATION AND CONSERVATION

By Jay MacArthur, Co-Chairperson

Logging Planned Near Spruce Lake

A five year development plan for logging in the Lillooet timber supply area proposes that 400 ha of wilderness be logged about five km east of Spruce Lake just south of Tyaughton Creek in an area known as Bonanza Basin. This is the result of the government's Stein decision to protect the Stein but to allow logging of almost all timber in the rest of the Lillooet TSA.

We need to convince Glen Clark that there are many people who feel that 12% of the Lillooet TSA is not enough to protect the fantastic wilderness values here. We need a lot of support to get the government to stop the logging in the Bonanza and let the Lillooet Land and Resource Management planning team develop boundaries by consensus.

Write to: Glen Clark, Premier, Parliament Buildings, Victoria, V8V 1X4

Hike the Spruce Lake Area

A trail guide is now available from the FMCBC for the Spruce Lake area. It's also on the web at <http://www.bivouas.com/SpruceLake.htm>. Please send \$5 to the FMCBC for mailing if you want a paper copy. We'll also enclose a map from the Forest Service.

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TRAIL COMMITTEE Mountain Bikes on the Baden Powell Trail? Yes or No?

By Gabriel Mazoret, Trail Committee

As a member of the Federation, I have been attending meetings of the North Vancouver Outdoor Recreation Advisory Committee (ORAC) over the past year or so.

This committee was established by the North Vancouver Recreation Commission to provide advice on Outdoor Recreation issues. Most of the issues that have been addressed to date are concerning trails – which, where, users, planning future trails and incorporation into municipal planning.

Representatives from the mountain biking community have a great interest in establishing routes and trails where they can enjoy their sport. They are interested in using a section of the Baden Powell Trail between Mountain Highway and Lynn Valley Road. The District of North Vancouver is seriously considering allowing the use of the BP Trail. This would allow bikers to have a circular route connecting to the Griffen Trail, which branches off Mountain Highway above the gate. The Griffen Trail was built and is maintained by the mountain bike community.

Now, in addition, the mountain bikers are suggesting the multi-use of another section, this time the section from Mountain Highway to Abelard Canyon (Hastings Creek). In time they will probably construct other loops off the BP for their use also. There are already many unofficial hiking and biking routes in the area. As a member of ORAC, I have spoken out that the Baden Powell Trail should be a single use trail only. The BP Trail was originally built as a Centennial Project in 1971 by Scouts and Guides for hiking. The damage that bikes do to trails and to the natural environment experience and the potential safety hazards are well known and do not have to be repeated here.

The biking community is increasing tremendously on the North Shore. While we support their activities we do feel that the Baden Powell Trail should be a single use trail. If you agree, please help by writing a letter of support to the Parks Manager, District of North Vancouver Parks Department, P.O. Box 86218, North Vancouver, BC V7L 4K1. Please send a copy of any letter you might send to the Trail Committee, c/o FMCBC, #336 – 1367 West Broadway, Vancouver, BC V6H 4A9. Thank you.

EDUCATION AND SAFETY REPORT

Skin and Eye Protection in the Mountains

By Chris Mills, Chairperson

Recreation in the mountains exposes the skin and eyes to potential hazards from a variety of sources. Most readers will be aware of the regular public health warnings on the serious effects of skin exposure to ultraviolet (UV) radiation (light), and the potential for skin cancer development. Eyes are equally vulnerable to the effects of UV. Since it is the earth's atmosphere that filters much of this UV radiation, it follows that the higher you climb, the less atmosphere there is to protect your body. In addition, snow and ice reflect, rather than absorb, this radiation which adds to the effects of altitude. Finally, to make things even worse, clouds do not absorb significant amounts of (UV) radiation, so your risk of exposure is as great on cloudy days as it is on sunny ones.

The ultraviolet spectrum is divided into UVC, UVB and UVA fractions by wavelength, with UVC having the shortest wavelength. UVC is absorbed by the ozone layer, so you need to protect against UVA and UVB. The eyes are more sensitive to UVA and the skin to UVB. However, it is safer to protect your body from both.

Commercial skin protection products are given Sun Protection Factors (SPF) which refer to their relative effectiveness in absorbing (filtering) UVB radiation. Some products also contain zinc or titanium oxides, which protect the skin from UVA radiation by reflecting it. Whatever product you choose, it must work effectively for you – this means not only that it protects you, but also that it is acceptable enough that you use it regularly (some of the most effective products are greasy and may leave a white film on the skin). Lips need a protective layer of balm with a screen, and don't forget the "out of the way" places like under the chin, ears and bald patches! Most non-greasy applications will tend to wash away with perspiration or wiping, so several applications each day are usually necessary.

Please do not forget your children while you are preparing yourself to look like a clown, since they may lack your discipline for regular applications of sunscreen and may not like the feel of screening products.

Eye protection in the mountains is equally important. Sun and glacier glasses or goggles may be critical to your sight, and their lenses must absorb UV radiation. Sunglasses sold for your protection (as opposed to merely enhancing your good looks) specify their radiation absorption characteristics – see for example page 76 of

Mountain Equipment Co-op's Spring & Summer 1997 Catalogue. There are dark-lensed products on the market that would appear to give protection because of their lens colour, which obviously absorb visible light, but which have little or no UV absorption. Such products are particularly dangerous to the eyes, since they "fool" the eye's iris into opening wider, thus exposing the retina to increased UV exposure. Buy and use only products that guarantee UV absorption. If you plan on spending time on and around snow and ice, sunglasses with side shields or goggles will give improved protection. Finally, always carry a spare pair of glasses or goggles.

Physical eye protection is essential when using hammering tools such as ice axes and hammers, because of the risk of chips of ice, rock or other material penetrating the eye.

Skin abrasions can be avoided by the use of appropriate clothing even though shorts and other summer clothing may feel more comfortable, and clothing is always good protection against sun exposure. Summer hiking in low-level trails in England can be a nightmare if you choose to wear shorts, because of the rampant stinging nettles (as I painfully discovered).

This summer, please take care of your skin and eyes – and have fun.



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NORTHERN PERSPECTIVE

By Mike Nash, Caledonia Ramblers

At their Spring General Meeting this year, the FMCBC's only remaining northern or interior club decided to bring in an outside instructor to present a leadership seminar.

Despite competition from several new outdoor clubs in town, attendance at the Caledonia Ramblers' Spring meeting was almost overwhelming, with many new members and prospective members present. Yet the core of people able and willing to lead hikes is diminishing, and new blood was clearly needed. During a lively discussion about how best to spend some of the club's healthy bank balance, the only idea that got general enthusiastic support was that of a leadership seminar. It would be an opportunity to bring in a fresh face and some new ideas from a professional perspective, and would support and strengthen our ties with the FMCBC. It reflected the upsurge in demand for outdoor leadership training elsewhere in Canada, notably in Ontario.

Another idea discussed was to make a donation to a worthy cause, and the club executive is currently considering the idea of a seed grant to the FMCBC to set up some kind of northern endowment fund - i.e.: the money must be spent on suitable projects in the north - a reminder also to the Fed to nurture its only foothold outside the Lower Mainland and Vancouver Island. But, I digress -- back to the leadership seminar.

The seminar took place over the last weekend in May, with a half-day classroom session on Saturday and a field trip on Sunday. The instructor was Simon Austen who came up from Canada West Mountain School. Unfortunately, the announcement in the club newsletter presented the course as being more for experienced trip leaders than the general membership and prospective leaders. This also threw a curve at Simon who came prepared for a more basic course than the experience level of the actual participants would have suggested. Nonetheless, there was general consensus at the end of the weekend that it was a success.

There was some unhappiness at the end of the first day at the amount of time we had spent on liability issues. This is a subject nobody wants to hear but everyone wants to talk about; which creates a dilemma for an instructor. There was also some muttering that "this guy has obviously never led a group like ours"; and a pivotal moment came when one experienced trip leader threw up his hands and exclaimed "Log book... What log book?"

But Simon's experience and easy style came through on

the field trip, with everyone - including the old pros - getting lots of good tips such as standing facing the sun when addressing a group. The debate between volunteer and professional leadership was brought into clear focus by Simon's steadfast attention to detail during the field trip registration. His "duty of care" that morning as a professional leader was really no less than the common sense required of a volunteer. Someone remarked: "It's a lot like taking a driving course: you know everything you're supposed to do and don't and it's great having someone point it out to you." Another person commented: "It's a good job we brought someone in from the outside, people wouldn't have listened if it had been one of us." Some members of the executive went from a position at the end of the first day of "How do we repair this damage?" (in reference to members being potentially turned off by liability issues) to the statement "We've got work to do!"

Lots of good learning for the club, its executive, and trip leaders both in terms of where we are falling short and how we might improve on a similar course next year. And some pointers for Simon on the pitfalls of working with an experienced group. A good weekend and thanks to Simon for sticking your head in the lion's den; and for your patience, humour, common sense approach, and giving us pause to reflect.

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COMMENT:

CYPRESS PROVINCIAL PARK & THE PARK PLANNING PROCESS

By James Craig, FMCBC Director


West Vancouver Council has been asked by the BC Parks to approve a connection of sewer and water services to West Vancouver's sewer and water service. Cypress Bowl Resources (CBR), who operate the ski facility in the Park, have asked Parks to do so.

At the request of the Friends of Cypress Provincial Park (FCPP), Council held a public meeting on June 23rd at West Vancouver Secondary School. The auditorium was overfilled. Much effort was expended by FCPP to notify West Van residents and outdoor organizations (naturalists, environmentalists, hiking and parks people) to bring out many people. Contrary to the Vancouver Sun news report on the meeting, this was a gathering of people concerned about the intention of CBR to make Cypress a playland with the seeming concurrence of BC Parks who, given the apparent wish of the government to promote commerce and extract revenue from Parks, may feel they have no choice but to approve. Over 40 people spoke before the meeting ran out of time -- 10 pm being the witching hour for schools. CBR continued to complain about the state of the toilets (they are noisy, smelly and crowded).

I don't know what the effect on CBR's expansion would be if the connections were not approved by the council, but a refusal and the attention drawn to what is proposed for the park will help the No cause and Parks in general.

The Master Plan for the park is not yet completed, as CBR and Parks continue to work out details, and FCPP and related bodies continue to harass both. We say that environmental studies are not yet complete, that the park does not need a 2 story restaurant at the summit of Mt. Strachan, that 40 acres of old growth on Strachan should not be cleared for a lift and runs, that a meadow should not be paved to provide parking space for another 1000+ cars and some 8 km of cross country roads built.

It is not known yet whether the council will hold another public meeting on the subject like the one on June 23rd, but on its regular meeting night, July 14th, it proposes discussing the subject. Any letters to Council or the government may still serve a useful purpose. The FMCBC was represented by Lesley Bohm and myself at the meeting.




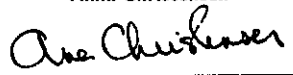
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CANADA WEST MOUNTAIN SCHOOL

By Brian Jones, Manager of Operations

The calendar says that summer has come to BC. Meanwhile, at this point in late June most of us are still checking avalanche and snow conditions before heading out into the hills, and skiing seems to be more appropriate than hiking! Our winter program lasted well into the late spring with avalanche safety and ski touring courses into May - and I'm sure that many people are still out cranking turns in some fine "spring" conditions. CWMS spring and summer programs are still off and running, though, despite the wet weather.

This is the time of year for all of us to get out and brush up on a variety of skills. Whether you are a rock climber, backpacker, mountaineer or day hiker, a bit of time spent refreshing basic safety skills can go a long way towards ensuring your summer activities are both enjoyable and safe. Many mishaps occur when we are out of shape and tired, our skills are a bit rusty, old gear fails or new gear isn't used correctly.

To start with, a simple fitness program can help stave off unnecessary injuries that may put a damper on your season. With the inclement weather and poor backcountry conditions most of us are chomping at the bit to get out, but perhaps are somewhat less than fit for the hills. As soon as the weather is good we are inclined to just head off, forgetting about any pre-season conditioning. Also, basic skills refreshers in the activity you are engaged in is essential. Crevasse rescue, self arrest on snow, belay techniques and even walking on rough ground or boulders may all be skills that haven't been used for many months. Put aside some time to practice these before you need to use them. If you have new equipment be sure and try test it before heading out on long, committing trips. This is especially recommended for boots!

Make sure that you get out and enjoy our province this summer - we live in one of the greatest spots on earth, so let's keep taking advantage of that!



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FMCBC OFFICE REPORT

By Brian Jones, Manager of Operations

This summer marks a new era in the FMCBC Office. The FMCBC has spent nearly 15 years with an Executive Director in charge of office staff and reporting directly to the Board of Directors. With this system all programs and staff were under the direction of the ED. Over the past few years as the FMCBC developed more efficient operational procedures and became more focused in its pursuits, the demands on the ED grew less and less.

Our most recent ED left in December of 1996. The Board and staff embarked on an extensive process to hire a new ED. This lead to nothing, as very few applicants possessed the right qualifications, and those whom were short listed didn't make the final selection for a variety of reasons. At this point the need to hire an ED was questioned, and after close re-evaluation it was decided to restructure the office. Hence our new management structure, as follows.

The FMCBC office will now operate with two managers, working with the Board of Directors and overseeing support staff. Each Manager will be responsible for their respective areas and will report directly to the Board of Directors. A committee made up of Board Members will oversee the office operations and will help to provide direction. Duties that have historically been the responsibility of the ED have been divided between the two positions, with a few areas being taken on by the BOD.

Manager of Operations (Brian Jones) will generally be responsible for CWMS, government relations, club relations and FMCBC promotions and finances. The Operations Manager will also act as the FMCBC contact person to member clubs, public, media, government and non-government organizations (NGO's).

Manager of Office Systems (Alana Prociuk) will generally be responsible for electronic communication, Cloud-burst, International Wilderness First Aid, office systems and projects.

The Registrar (Emma Russell) will be responsible for CWMS registrations, IWFA registrations and the day to day activities, and general office procedures. The Registrar will report to the Operations Manager.

The FMCBC office also has other part time support staff, project staff and a part time Bookkeeper. This new structure allows for greater ability to focus on issues as there will be improved communication between the Board and the Managers, there will still be a single person as a main contact for the FMCBC and fewer areas of redundancy will exist in the office procedures.

BULLETIN

Theft at the FMCBC

On Friday, June 27, staff at the FMCBC office started their morning with an unwelcome surprise. A hard drive that was purchased in the last year had been stolen, along with cash given the day before from students registering for International Wilderness First Aid courses and Canada West Mountain School courses.

The hard drive contained the FMCBC database and the program used to construct the Cloudburst. If anyone is wondering why it has taken so long for the Cloudburst to come out, this is the reason.

As far as the database is concerned, it was last backed-up a month ago and maybe missing some current information. We will be sending letters to all club delegates in the near future to send the fmc bc office an updated list of club members so we can be certain that all information on the backup disk was and is correct.

National Hiking Trail

FMCBC is now responsible for the B.C. section of the National Hiking Trail. Anyone wishing to have input or who has questions, contact Pat Harrison at (604)576-0403 or Hike@unixg.ubc.ca

Banff Festival of Mountain Films Banff Mountain Book Festival Banff International Mountain Photography Competition

From November 7-9, the Banff Festival of Mountain Films, presented by Eagle Creek Travel Gear, will be celebrating twenty-two years of bringing the best films and videos on mountain subjects to the town of Banff. The weekend's activities, which take place at The Banff Centre, include continuous film screenings, guest speakers, public forums on mountain issues, a climbing wall, adventure trade fair and mountain arts and craft sale. This year's speakers include mountain legends Sir Chris Bonington of England and Italy's Walter Bonatti.

The Banff Mountain Book Festival, presented by Canadian Mountain Holidays, returns for its fourth season Nov. 5-9. The festival has a wide range of events including speakers, readings, book launches, book fair, book signings and an international mountain literature competition. Featured at the festival this year are authors Jon Krakauer and Joe Simpson.

Winners of the 2nd Annual Banff International Mountain Photography Competition will be on display at the festival.

For information; 403-762-6369, fax 762-6277,
CMC@Banffcentre.ab.ca
<http://www.banffcentre.ab.ca/cmc/>

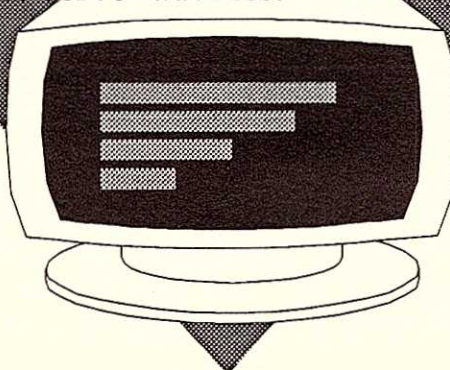
Communicating with the Federation

FMCBC long distance: 1-888-892-2266

FMCBC's website: <http://mindlink.bc.ca/fmc bc>

FMCBC's e-mail address: fmc bc@sport.bc.ca

FMCBC's List Server address: fmc bc@unixg.bc.ca



CAMPING WEEKENDS IN SQUAMISH NATION TERRITORY

*Led by wilderness educator John Clarke, artist in residence Nancy Bleck,
and members of the Squamish Nation.*

An invitation to **WITNESS**

Being called to *witness* in the Coast Salis tradition is a sacred honour.

Through the *witness* project, the Roundhouse Community Centre will serve as a site for inter-cultural dialogue and exchange.

Join members from the Squamish Nation and local wilderness educators in ceremonies, weekends in the forest, and interactive art displays.

Learn how our diverse cultures relate to the land. *Witness* - and bring the message back home.

How you can attend the Weekend Camping Trips

Pre-register at the Roundhouse, telephone 713-1800.

